

City of Shelby

June 2013 Newsletter

Dear Shelby Residents,

Hopefully we get June rains. Summer is fast approaching and we hope it will be good one for you. We got the street paving done in several areas of town and this has been a needed improvement. Park work is being completed. Two major construction projects will start this summer. The CHS Fertilizer and Port of Northern Montana Multimodal facility east of Shelby. There will be many construction workers here for the next 18 to 24 months. As always contact us if we can assist you.

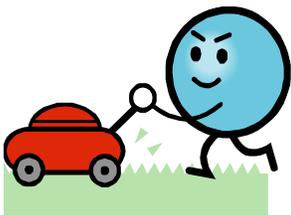
Sincerely,

Larry J. Bonderud, Mayor

Special points of interest:

- ☺ Disaster/Emergency Services
- ☺ Summer Tree Planting
- ☺ Community Service Day
- ☺ Recycle
- ☺ Audio/Walking Tour
- ☺ Building Permits
- ☺ Street Fair
- ☺ Healthy Eating
- ☺ Roadrunner Trail
- ☺ Rec Schedule

Weed Notice



The City of Shelby weed ordinance requires that all vegetation on property be kept below six inches. If vegetation is in excess of this you are in violation of the ordinance. The ordinance is on the City of Shelby website (www.shelbymt.com). Unsightly weeds and vegetation are a continued problem in our community and the City Council wishes to eliminate the annual problem. Trees, hedges and bushes at intersections must be no higher than 2 1/2 feet within 30 feet of the street corner. The City of Shelby weed ordinance provides for crews to mow weeds on your property if you fail to comply with the weed ordinance without any notice.

Garbage Collection & Landfill Fees

The City of Shelby will be increasing our garbage collection and landfill fees effective with the June 2013 billing. Shelby residents currently pay \$8.50 per month for weekly garbage collection service and \$8.50 per month for landfill disposal services. The Shelby City Council will be changing these residential fees to \$13.50 per month for weekly garbage collection services and \$13.50 per month for landfill disposal services. This increase will also affect our commercial and rural customers. We find that the revenues for these two budgets no longer covers the expenses for the operations of the two departments. We take all of our charges for public services very seriously. Please also feel free to contact us at City Hall by mail, email or phone.

Toole County Disaster & Emergency Services

You just never know when an emergency may arise in our community. The City of Shelby wants you to be prepared. The best place to start is the Toole County website at www.toolecountymt.gov. Click on the Departments tab and scroll down to Emergency Services; click on Disaster & Emergency Services. A sidebar lists very important links to knowledge and information. Links include Family Readiness Kit; Emergency Alert System; American Red Cross; FEMA for Kids; Prepare.org; and A 3-Step Plan: Preparing for a Disaster.

Key to preparing for a disaster is readiness. HEALTHbeat Special Supplement lists these 3 steps:

Step 1: Collect supplies that would be critical to survival if we were to lose electricity, water, heat, cooking ability, phone service and even shelter. Items such as bottled water, a cell phone with a nonelectrical charger, extra clothing, first aid kit, nonperishable foods, utensils, medications, sanitary products, pet supplies for your animals, battery operated radio, blankets and tools.

Step 2: Create a portable supply kit in case you have to evacuate your home.

Step 3: Develop and practice an emergency plan with your family.

These steps are vital in readiness in case of emergency.

Within Shelby several locations are designated an emergency shelter for those displaced by a disaster. The Shelby Civic Center and Shelby School gyms are locations that would be utilized.

If you are unable to access the on-line information regarding preparedness, the Shelby Community Economic Development Office in the basement of the Shelby Area Chamber of Commerce building will be happy to print this vital information.

Summer Tree Planting

Selection/Planting

Trees can be planted in summer as long as you are willing to water diligently. However, there is a greater chance that the transplanted tree will be damaged or die due to the heat. Try to plant in fall or spring instead if possible.

Watering

Summer is the hottest and driest of the seasons. You will need to watch your trees more carefully, especially in times of drought. Keep an eye out for wilting. You may want to [set up a watering system](#) to help keep your trees watered enough.

Fertilizing

You can fertilize if needed (test your soil if you notice stunted growth, discolored or dead leaves, or wilting) in early summer. You should take care with using nitrogen fertilizers in late summer - they will promote new growth which may be damaged in winter.

Pruning

Focus more on simply removing dead, diseased or damaged branches. Many trees are more prone to diseases if pruned in late spring or summer.



Shelby Senior/Junior High Community Service Day

Shelby Senior and Junior High celebrated the last day of school with the 7th Annual Community Service Day. This project is a wonderful gift back to the community for all they do for our students. Staff and students were cleaning fence lines; parks; street planters; and roadways throughout the community.

The City of Shelby thanks all the students and staff for this wonderful project and commitment to our community.

RECYCLE SHELBY The Shelby Recycling Association is very grateful for the community's support of Recycle Shelby. Through donations and grant funding the recycling site continues to accept aluminum and tin; cardboard; office paper; and newspapers, magazines and catalogs. The Association would like to remind the public that it is critical that the recycling rules are followed. Clean recyclables bring much needed dollars to continue the recycling program in Shelby.

Don't forget if you are not able to reach one of the aluminum or tin bins on the trailer, please drop your cans in the roll-off bin. Association members will put your cans in the trailer. Remember – crushed cans take up much less space. We are losing money on half-empty loads going to the recycling center!!!

There is also a garbage dumpster on the site for your bags, sacks and trash that should not be left in the bins.

ALUMINUM/TIN

ALUMININ/TIN CANS ONLY

- Please....rinse cans
- Please....crush cans
- Please....don't leave boxes, plastic bags or trash in bins



Recycling aluminum/tin cans save precious natural resources, energy, time and money – helping out the earth, as well as the economy and local communities. Aluminum cans are 100 % recyclable and the most recyclable of all materials. Recycling 1 ton of aluminum cans conserves the equivalent of 1,665 gallons of gasoline. Some day we will be mining our landfills for the resources we've buried.

CARDBOARD

CORRUGATED CARDBOARD ONLY

- Please....only sturdy shipping boxes
- Please.... no food boxes, paper rolls, or paper
- Please...collapse boxes to place in trailer

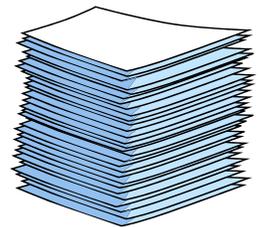


The benefit of recycling cardboard is the reduction in community waste. Cardboard is the single largest component of city landfill waste that businesses produce every year. For every bale of cardboard that is recycled we save 17 trees, 7,000 gallons of water, 380 gallons of oil and enough energy to heat a home in the United States for six months. By recycling cardboard and returning it to the consumer stream, you reduce the need for new cardboard production and save vital natural resources for future generations.

OFFICE PAPER

WHITE PAPER ONLY

- Please....only white copy paper, envelopes, shredded office paper
- Please.... don't leave boxes, plastic bags or trash in bins



45% of the paper printed in offices ends up in the trash can at the end of each work day in America. Recycling 1 ton of paper saves 17 mature trees, 7,000 gallons of water, 3 cubic yards of landfill space and 4,200 kilowatt-hours of electricity...enough energy to power the average home for 5 months.

NEWSPAPER, MAGAZINES, CATALOGS

OTHER PAPER ONLY

- Please....newspapers, magazines, catalogs
- Please....phone books, colored paper and colored junk mail
- Please...don't leave boxes, plastic bags or trash in bins



If everyone in the U.S. recycled their Sunday newspaper alone each week, 26 million trees would be spared from the paper mill. For each ton of paper recycled, the atmosphere is spared from one metric ton of greenhouse gas emissions. Newspaper can be pulped and turned into a variety of products ranging from more newspaper to corrugated cardboard lining to housing insulation.

Toole County Heritage Audio Tour/Shelby Historic Walking Tour

Through the generous support of Humanities Montana and the Montana Main Street Program, the City of Shelby and Champions Park Committee received funding to create a historical audio tour of our county with accompanying map and a Self-Guided Walking Tour of Historic Main Street Business District in Shelby.

The Toole County Heritage CD is now available through the Shelby Area Chamber of Commerce office for a small fee as a fundraiser for Champions Park. You simply play the CD as you travel the streets and roadways of our county and listen to the history and heritage of the numerous buildings, sites and events that shaped our community.

For a small cost you can also enjoy a self-guided tour of Historic Shelby Main Street and adjacent neighborhoods. Relive the coming of the railway...the buzz of activity leading up to the historic fight... learn more about the unique architect and history of several homes in Shelby and enjoy a trip down memory lane.

Enjoy a piece of history and support the effort to build Champions Park.

BUILDING OR MOVING SOMETHING???

The City of Shelby wishes to remind everyone that a building/zoning permit is required for construction work done within the Shelby city limits. A permit is required for work done to commercial buildings as well as single-family dwellings. Work such as a deck, front steps with a landing, or any addition to your home (a roof change, structural changes, and any new building over 120 square feet in area) require a permit. Exempt items to single-family dwellings are: reroofing, residing and a remodel without a structural change.

A moving/zoning permit is required for the placement of mobile homes, modular buildings and conventional frame buildings of all uses onto private lots within the city.

Moving a mobile home into a state licensed mobile home court is exempt. However, it does require a Toole County moving permit.

The Building Inspector's office is located at the City Shop (66 City Shop Road, 434-5564).



We would like to remind you that the City of Shelby offers Automated Bank Drafting and the option to have your utility bill e-mailed to you.



Automated Bank Drafting - This allows billed amounts to be collected electronically directly from your bank account. This feature is also known as Automated Clearing House (ACH). After each monthly billing the billed amount is transferred directly from your bank to the City's bank account.

E-Mail Bills - This feature sends your utility bill to your personal email address each month.

If you are interested in one or both of these features please call City Hall at 434-5222.



Summer fun under the Montana sun... 2nd Annual Shelby Street Fair

You don't want to miss it...the 2nd Annual Shelby Street Fair on Saturday, July 13th. Main Street, Shelby. Downtown is where you want to be...a Car Show and Art Walk will begin the day at 10:00 AM. Dozens of vintage cars, trucks, tractors and cycles will be on display on Main Street until 4:00 PM. Visit Main Street merchants as craftsmen and artisans will display their work throughout Main Street businesses.

The Shelby Area Chamber of Commerce will have a dunking booth to drench your favorite members. Toole County Health Foundation is sponsoring a bouncy house for the kids. 50/50 tickets will be sold throughout the day; vendors will be selling food and cool refreshments.

New this year is a Chili Cook-off in City Park sponsored by the Toole County Health Foundation. Cooking will be from 9 am to 2 pm, judging at 2 pm and Chili sold to spectators from 2 until gone. A People's Choice award will be announced at 6 PM. Anyone interested in entering the Chili Cook-off should contact Paul at 406-399-4501, Justin at 406-212-0549 or Mike at 406-210-2806.

We will also be hosting the Shelby "Great Escape" Fun Run at 8 am at the Shelby High School. The 1, 3.5, and 5 mile venues offer something for every activity level. The longer runs include Shelby's famous (and very hilly!) Roadrunner Trail, and take the runner through the beautiful native flora and fauna of the Hi-Line. Register online at www.shelbyfunrun.com or call Jessica Brusven at 434-3246.

Bring your lawn chairs...plan to spend the day. It will be a great way to enjoy summer fun under the Montana sun...the 2nd Annual Shelby Street Fair. Watch for updates before the event.

DON'T MISS IT!



If you would like to receive the City of Shelby newsletter in electronic format please email sarah@shelbymt.com.

Recreation Pass Fund

The City of Shelby attempts to maintain a Recreation Pass Fund. This fund provides financial assistance for those kids who cannot afford recreation passes. If you would like to contribute to this fund please contact Mayor Larry Bønderud at 434-5222 or send your contributions to the City of Shelby - 112 1st St S.





12 Ways to Create a Healthy Eating Style

1. **Forget the fads:** Diet fads come and go - without offering a permanent solution. When you hear about the latest diet, always ask yourself: Can I eat this way for the rest of my life?
2. **Be realistic:** Any eating plan needs to work for your family and your situation. It needs to fit with your schedule, your food budget, and your cooking skills.
3. **Make a commitment:** Write down some important reasons for changing your eating habits. Share a written or verbal promise to make healthy food choices with your friends or family.
4. **Start slow:** Making drastic changes can be a recipe for failure. Small changes can make a big difference, if they last. Pick one change, like eating breakfast, and make it a habit.
5. **Be consistent:** The human body responds well to consistency. If you decide to eat breakfast, make eating breakfast part of your daily routine - rather than an occasional thing.
6. **Stick with it:** Research suggests that it takes about 21 days for a behavior to become habit. If you want to start eating breakfast, make a plan with 21 breakfast menus you'd love to eat.
7. **Be flexible:** Life is full of surprises, and plans need to change. If an early meeting makes breakfast at home impossible, you need some alternatives, like desk-fast at work.
8. **Be creative:** Make a list of all the possibilities - like all the breakfast options that you enjoy: at home; in the car or on the bus; at work; or from a vending machine.
9. **Stock up on options:** Once you have a list of possibilities, stock up. Fill your cupboards, car, and desk drawers (anywhere you might eat breakfast) with healthy options.
10. **Plan ahead:** When situations pose problems, make a healthy plan. Have a meeting where giant cinnamon rolls are served? Plan to eat ½ a roll; bring cheese and fruit with you.
11. **Forgive yourself:** Healthy eating does not have to be perfect eating. If you make a mistake or miss a few days of healthy eating, no biggie. Just get back on track ASAP.
12. **Congratulate yourself:** Changing your eating habits can be tough. Just think how long you've had your current habits. Give yourself a pat on the back for any healthy changes.



Roadrunner Recreation Trail

Go Together! Use the Trail Everyday!

The City of Shelby has been working for several years constructing a safe path connecting schools, work and recreation opportunities throughout our community. Creating the Roadrunner Recreation Trail has made Shelby a more walkable/bikeable community giving all citizens the opportunity to increase their physical activity, enjoy our communities' environment and natural resources and seek an alternative in transportation means. The last section of the trail along Oilfield Avenue has been completed giving trail users over 5.5 miles of paved pathways.

Through grant funding the city was also able to purchase and install points of interest signage along the trail this summer. Trail signage includes the history of the Sweetgrass Hills; the emergence of the oil and gas industry; homesteading on the HiLine; wildlife on the prairie; prairie vegetation; Shelby's beginnings; The Fight That Won't Stay Dead; the Veteran's Flag Memorial; and the great floods.

Benches are located along the trail for rest and relaxation. Pet stations and dumpsters are available for those bringing pets on the trail. We ask that as responsible pet owners you utilize the pet stations and keep our trail clean for all to enjoy.

Take a walk or hop on your bike – the trail is a great place to get a little exercise, enjoy our good weather and learn a little more about our history and heritage.

SWIM POOL & CIVIC CENTER

MONTHLY PASS PRICE *prices are prorated by the day so check for daily cost.

	Child (3-8)	Student (9-17)	Adult (18 & over)	Family
Civic Center or Pool	\$30.00	\$35.00	\$40.00	\$45.00
Civic Center & Pool	\$45.00	\$50.00	\$55.00	\$60.00
Lap Swim Pass	\$30.00 per season			
Walking Pass	\$30.00 per year			

Summer classes
Starting June 10th

Civic Center Summer Hours

Monday - Thursday 9 am to 7 pm

MONDAY

- 6:00 am—Toning for Summer
- 9:00 am—Yoga Video
- Noon - Weight Room (lower body)
- 5:00 pm - Toning for Summer (every other week)

TUESDAY

- 6:00 am—Spinning
- 9:00 am—Walk the Trail
- Noon - Spinning
- 4:00 pm - Spinning (every other week)
- 5:00 pm - Spinning (every other week)

WEDNESDAY

- 6:00 am—Cardio
- 9:00 am—Walk the Trail
- Noon - Cardio
- 4:00 pm - Cardio (every other week)
- 5:00 pm - Cardio (every other week)

THURSDAY

- 6:00 am—Cardio & Toning
- 9:00 am—30 Minute Abs
- Noon - Weight Room (upper body)
- 5:00 pm - Walking Trail (every other week)

Pool Hours June-August

HOURS	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM 6:30-7:30		Lap Swimming	CLOSED	Lap Swimming	CLOSED	Lap Swimming	
7:30-10:30		CLOSED (cleaning)	CLOSED Swim Team	CLOSED Swim Team	CLOSED Swim Team	CLOSED Swim Team	
10:30-12:00		CLOSED (cleaning)	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	
PM 12:00-1:00		CLOSED Swim Team					
1:00-2:00		RESERVED (for parties)					
2:00-5:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
5:00-6:00		Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	CLOSED	
6:00-7:00		CLOSED	Lap Swimming	CLOSED	Lap Swimming	CLOSED	
7:00-9:00		Open Swim					

WADING POOL: 6 & under and handicapped children of all ages Hours: Only open during "Open Swim" hours
Call 434-5311 to schedule a PARTY and for information on Swimming Lessons.



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www.shelbymt.com

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